



CAMP Programs COVID-19 Policies and Procedures

Please understand that given the dynamic nature of this pandemic, this information may be modified as the situation evolves, and new data becomes available.

The purpose of this policy is to create an environment that allows CAMP to operate during the pandemic. This document outlines the practical applications of prevention strategies to mitigate the spread of infection and allow for more rapid identification of suspected or confirmed cases of COVID-19 and its variants. During this pandemic, the following policies and procedures will be used to ensure compliance and best practice recommendations outlined by the Centers for Disease Control and Prevention (CDC), the American Camp Association (ACA), the Occupational Safety and Health Administration (OSHA), and the Texas Department of State Health Services (DSHS), are upheld by campers, staff, and volunteers (hereinafter the "Participant" or "Participants," if not otherwise specifically stated).

PROGRAM INFORMATION

Applications for all CAMP programs are open to any camper, family, volunteer, and/or staff who wish to apply. CAMP will review each application carefully prior to placement, and those with high-risk conditions for COVID-19 as outlined by CDC will undergo an additional internal review by our medical team prior to determining eligibility for acceptance.

CAMP acknowledges COVID-19 is an evolving virus and the increased risk conditions defined by the CDC can be modified as more information becomes available.

- Increased Risk Conditions
 - Cancer
 - Chronic kidney disease
 - Chronic liver disease
 - Chronic lung diseases, including Asthma (moderate to severe), Bronchiectasis, Bronchopulmonary dysplasia, Chronic obstructive pulmonary disease (COPD), (including emphysema and chronic bronchitis), Having damaged or scarred lung tissue such as interstitial lung disease (including idiopathic pulmonary fibrosis), Cystic fibrosis, Pulmonary embolism, and Pulmonary hypertension.
 - Dementia or other neurological conditions
 - Diabetes (type 1 or type 2)

- Down syndrome
 - Heart conditions such as heart failure, coronary artery disease, cardiomyopathies, or hypertension
 - HIV infection
 - Immunocompromised state (weakened immune system) [Types of Primary Immune Deficiency Diseases | NIH: National Institute of Allergy and Infectious Diseases](#)
 - Mental Health Conditions
 - Overweight (defined as a body mass index (BMI) > 25 kg/m² but < 30 kg/m²)
 - Obesity (body mass index [BMI] of 30 kg/m² or higher but < 40 kg/m²)
 - Severe Obesity (BMI ≥ 40 kg/m²)
 - Pregnancy
 - Sickle cell disease
 - Smoking
 - Solid organ or blood stem cell transplant
 - Stroke or cerebrovascular disease, which affects blood flow to the brain
 - Substance use disorders
 - Tuberculosis
- It is the responsibility of each Participant or caregiver to familiarize themselves with the above CDC criteria.
 - CAMP strongly encourages vaccination and booster(s) for all eligible Participants attending programs.
 - If a Participant has any of the determined increased risk conditions, regardless of vaccination status, their application will be submitted for medical review and consideration.
 - All Participants will be required to have a negative COVID-19 test result obtained within 72 hours before arriving at CAMP.
 - **A hard copy of the result must be provided upon arrival at camp.**
 - All Participants are encouraged to wear a mask while participating in CAMP programs.
 - Campers, their families, staff, and volunteers should refer to [CDC's Travel During COVID-19 guidelines](#) for more details about preparing to travel, including recommendations about staying safe during travel such as wearing a mask in public settings.

CAMP reserves the right to heighten all COVID-19 health measures as COVID-19 and its variants continue to affect the community that CAMP programs operate in.

- Heightened measures include:
 - Require all participants to take an additional on-site COVID test with a nasal BinaxNOW COVID-19 Rapid Test administered by CAMP staff if the community positivity rate is above 15%: [Progress & Warning Indicators - City of San Antonio](#)

- Reserve the right to cancel programs if the community risk level is Severe or Critical: [Dashboards & Data - City of San Antonio](#)
- Additional screening procedures
- Wearing of an appropriate CDC recommended mask
- Social distancing
- Remaining in cohorts

QUARANTINE AND ISOLATION

The date of your exposure is considered day 0. Day 1 is the first full day after your last contact with a person who has had COVID-19.

- If you were exposed to COVID-19 and are NOT up to date on Covid-19 vaccinations:
 - Quarantine for at least 5 days
 - Wear a well-fitting mask if around others
 - Get tested at least 5 days after exposure, even if you don't develop symptoms
 - After quarantine:
 - Watch for symptoms until 10 days after you last had close contact with someone with COVID-19
 - If you develop symptoms, isolate immediately and get tested
 - Precautions after exposure:
 - Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.
 - Avoid travel
 - Avoid being around people who are at high risk
- If exposed to COVID-19 and ARE up to date with vaccination OR had confirmed COVID-19 with the past 90 days (you tested positive using a viral test):
 - You do not need to stay home unless you develop symptoms
 - Get tested even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.
 - Watch for symptoms until 10 days after you last had close contact with someone with COVID-19
 - If you develop symptoms isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted make around others.
 - Take precautions until day 10
 - Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.
 - Avoid travel

- Avoid being around people who are at high-risk
- If you tested positive for COVID-19 or have symptoms, regardless of vaccination status:
 - Stay at home for at least 5 days and isolate from others
 - End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving
 - If you did NOT have symptoms, end isolation after at least 5 full days after your positive test
 - If you were severely ill with COVID-19 you should isolate for at least 10 days. Consult your doctor before ending isolation.
 - Take precautions until day 10
 - Wear a well-fitted mask for 10 full days
 - Avoid travel
 - Avoid being around people who are at high-risk

PARTICIPANT SCREENING

Participants will be required to complete CAMP's All-Access Pass screening and bring the resulting All-Access Pass (electronic or paper) with them for check-in. A link to the screening will be provided and the link will be active beginning prior to the start of the Participant's program – and the pass will be sent immediately afterward via email. If there has been any potentially contagious illness or COVID-19 in the household prior to the program, refer to the quarantine and isolation guidelines above.

- The protocols listed below are intended to be a minimum standard but may not be exhaustive. The immune status, risk factors, and acuity of specific Participants should be taken into consideration when implementing the specific protocols. At a minimum, any Participant who has a temperature greater than or equal to 100.0° Fahrenheit, or other signs of illness, will not be allowed into a program site or the Camp CAMP (hereinafter "Facility") located at 515 Skyline Drive in Center Point, Texas. Participants should educate themselves to be on alert for signs of illness in themselves and anyone in their household. If a Participant (or anyone in their household) exhibits any of the symptoms identified for screening (see below), the Participant(s) will NOT be permitted to enter the program site.

ARRIVAL EXPECTATIONS

The following expectations apply to all Participants:

- All Participants and family members in the vehicle must be prepared with face coverings upon arrival. The only allowable exception is any person with a medical condition or disability that prevents wearing a face covering
- All Participants are expected to bring their own well-fitted mask.
- Only essential individuals (i.e., Participants expecting to remain at Camp CAMP throughout the event, and one parent/guardian/caregiver with each camper to assist with check-in) should come to the check-in area to avoid crowding, and anyone who is providing a ride to another

individual and not staying for the event or not assisting their camper with check-in should remain in their vehicle.

- Hand sanitizer will be used upon arrival by all Participants at CAMP events.
- Participants will practice social distancing, as defined by the CDC, from one another during the arrival and check-in process, if able.
- All Participants must be prepared to provide a hard copy of their negative COVID test result or be prepared to submit to a nasal BinaxNOW COVID-19 Rapid Test administered by CAMP staff

ARRIVAL SCREENING

When Participants arrive, CAMP will verify and collect screening documentation for all individuals in the vehicle prior to allowing entry into the facility. All individuals in the vehicle must show their completed All-Access Pass screening to verify that all responses to the following were “no”:

- Fever greater than or equal to 100.0° Fahrenheit
- Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Participant has not been in recent close contact with a confirmed COVID-19 case

WHILE AT CAMP FACILITY

- Masks are not required during the program when COVID-19 Community Levels are Low or Medium. CAMP will determine levels based on the Bexar County Community. [COVID-19 by County | CDC](#) If Bexar County Community Levels are High, CAMP reserves the right to require masks, unless a person with a medical condition or disability that prevents wearing a face covering. Masks are required during opening and closing days while parents, caregivers, and others are present, unless any person with a medical condition or disability prevents them from wearing a face covering.

ONGOING SCREENING FOR OVERNIGHT PROGRAMS

- Daily symptom reviews and temperature checks will be performed by designated CAMP staff for all Participants; this ongoing screening will be documented.

- Staff and volunteers may be required to take a nasal BinaxNOW COVID-19 Rapid Test administered by a designated CAMP staff.

OCCURRENCE OF POSITIVE TEST RESULT OR ACTIVE SYMPTOMS OF CONTAGIOUS ILLNESS WHILE AT CAMP

- If any Participant has a temperature of 100.0° degrees Fahrenheit or more, they will be isolated immediately in our specified Healthcare Center isolation room and retake a nasal BinaxNOW COVID-19 Rapid Test - without encountering others, spaces, or equipment while making their way there if possible and maintaining at least 6 feet of separation from others while in transit if unable to avoid others altogether.
 - The Camp Nurse, Camp Director, and/or Executive Camp Director should be notified of the symptoms immediately and may be reached by phone or text to help minimize contact.
- The parents of any camper or minor staff or volunteer will be contacted immediately and asked to pick up the Participant and take them home as soon as possible, but no later than 8 hours following the initial phone call. If the parents are not available for pick up, the emergency contact will be required to pick up the Participant.
 - Any Participant showing symptoms will be required to wear a medical-grade mask (masks and social distancing should already be standard practice even without a positive screening/demonstration of symptoms). CAMP will supply a medical-grade mask for Participant(s) who have screened positive or are showing active symptoms if needed.
- If a staff or volunteer is showing symptoms and has their own transportation, they should return to their cabin, pack their belongings, and leave Camp CAMP if feeling well enough to safely drive themselves, or have another friend or family member come pick them up if needed; If waiting for a ride, they may be instructed to move out of their assigned cabin to an area where they can be isolated until a ride is available.
- Any Participants who have been in close contact, as defined by the CDC, with a positive COVID case while at camp will be required to take a nasal BinaxNOW COVID-19 Rapid Test. Close contact is defined as someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period. For example, three individual 5-minute exposures for a total of 15 minutes. Any Participant screened positive or showing active symptoms will also be asked to identify all other Participants with whom they have come into contact to facilitate onsite contact tracing as necessary.
- Once any Participant screened positive or showing active symptoms has isolated from any public/common spaces at Camp CAMP, cleaning and disinfecting procedures as outlined in this document will be followed by CAMP Staff.

- CAMP will conduct a BinaxNOW COVID-19 Rapid Test onsite, if results are inconclusive then CAMP will direct the Participant to the nearest clinic to obtain a COVID-19 test.
- Participants will be directed to remain in quarantine/self-isolation until test results are received.
- If 3 or more tribes have had any identified positive cases of COVID-19, CAMP will work with state or local public health authorities, as applicable, regarding continued operations of the camp session.
- CAMP will follow CDC guidelines for any Participant who tests positive for COVID-19 during or after an event. See quarantine and isolation guidelines above for individuals who have tested positive for COVID-19.
- In the event a staff member who has symptoms that could be COVID-19 does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19 - and may not return to work until the individual has completed the same quarantine and isolation guidelines; or –
- If the staff member has symptoms that could be COVID-19 and wants to return to work before completing the above quarantine and isolation guidelines, the individual must obtain a medical professional's note clearing the individual for return based on a negative COVID-19 test and an alternative diagnosis.

ONGOING EXPECTATIONS OF PARTICIPANTS

All Participants will be expected to follow the CDC precautions to protect themselves and others while at CAMP.

- Participants will wash their hands frequently using soap and water or an alcohol-based hand rub.
- Participants will cover their mouth and nose with flexed elbow or tissue when coughing or sneezing and dispose of used tissue immediately.
- Participants will avoid close contact, if able, with anyone who has cold or flu-like symptoms.
- Participants and CAMP staff will regularly clean and disinfect frequently touched surfaces like phones, doorknobs, light switches, and countertops.
- Participants will seek medical care early if they have a fever, cough, or difficulty breathing.
- CAMP reserves the right to heighten all COVID-19 health measures as COVID-19 and its variants continue to affect the community that CAMP programs operate in.
 - Heightened measures include:
 - Additional testing
 - Additional screening procedures
 - Wearing of an appropriate CDC recommended mask
 - Social distancing
 - Remaining in cohorts
 - Cancellation of programs due to increased positivity rate

ONGOING EXPECTATIONS OF STAFF AND VOLUNTEERS

All staff and volunteers will be expected to follow the CDC precautions to protect themselves and others while at CAMP.

- Be mindful to protect yourself and others between sessions (especially if not vaccinated):
 - Wear a mask when appropriate
 - Social distance when appropriate
 - Avoid crowds and poorly ventilated spaces
 - Wash your hands often

EXPECTATIONS OF VISITORS/DONORS/TOURS

- Visits must be pre-arranged prior to arrival
- All visitors will be required to provide a negative test result within 72 hours prior to arrival or CAMP staff will conduct a BinaxNOW COVID-19 Rapid test onsite
- Visitors will be required to be screened upon arrival
- Visitors will be required to wear masks when Community Risk Levels are high and while around campers during a program.

SANITATION

WASHING HANDS AND HAND SANITIZER

- Signs encouraging active handwashing along with readily available and strategically placed hand sanitizer stations will be available to use throughout Camp CAMP. CAMP Staff will STRONGLY encourage handwashing and use of sanitizer throughout the day for all Participants.

CLEANING AND DISINFECTING OF THE FACILITY

- Cabins and all buildings will be cleaned and sanitized prior to arrival of Participants. Participants should inform CAMP Staff if any housekeeping is needed during the course of the session.
- Areas prone to high use or touch, such as bathrooms, doors/doorknobs, light switches, sink faucets, countertops, and tables, will be disinfected multiple times daily and after each scheduled use. Disinfecting wipes will also be provided in each public restroom area, and wipes should be thrown away after use. Flushing them causes problems with our wastewater system. Whenever possible, we encourage Participants to return to their assigned cabin to use the restroom, thus minimizing their exposure to viruses that could be transferred through public restroom use. Participants should alert CAMP staff if there is a bathroom or other location that needs immediate cleaning/sanitizing attention.
- Staff and volunteers will wear disposable gloves and approved PPE while performing all cleaning tasks, including handling trash. Staff and volunteers should immediately report breaches in PPE such as a tear in gloves or any other potential exposures to their supervisor. Staff and volunteers will be

expected to wash their hands thoroughly and often, including immediately after removing gloves and/or after contact with an ill person.

- Gloves will be compatible with the disinfectant products being used to prevent tears or deterioration. Only **latex-free** gloves are allowed on CAMP property.
- Additional PPE may be required based on (a) the cleaning/disinfectant products being used, (b) the risk of splash, or (c) in response to potential biohazards.
- Gloves should be removed carefully to avoid contamination of the wearer and the surrounding area; All staff are expected to wash hands thoroughly after removing gloves.
- Reusable (washable) clothing or cleaning materials should be laundered after each use; All staff and volunteers are expected to wash hands thoroughly after handling dirty laundry.

CLEANING OF HARD (NON-POROUS) SURFACES

- Hard surfaces that are dirty should be cleaned using a detergent or soap and water prior to disinfection (See “Disinfecting” below for next steps).

CLEANING OF SOFT (POROUS) SURFACES

- Soft (porous) surfaces, such as carpeted floors, rugs, and drapes, should have visible contamination removed if present and then cleaned with appropriate cleaners indicated for use on these surfaces. After cleaning:
 - If the items can be laundered, they should be laundered using the warmest appropriate water setting for the items and dried completely.
 - Otherwise, use products that are EPA-approved and that are suitable for porous surfaces.
 - Use appropriate disinfectants (see “Disinfecting” below) as applicable.

LINENS, CLOTHING, AND OTHER ITEMS THAT GO IN THE LAUNDRY

- To minimize the possibility of dispersing viruses through the air, dirty laundry should not be shaken.
- Items should be washed as appropriate in accordance with the manufacturer’s instructions; If possible, items should be laundered using the warmest appropriate water setting for the items and dried completely.
- Hampers or other carts for transporting laundry should be cleaned and then disinfected according to the guidance above for hard or soft surfaces and below for disinfecting.

DISINFECTING

- CAMP will provide EPA-registered household disinfectants proven effective at killing the SARS-COV-2 virus; Participants authorized to use them will follow the instructions on the label unless otherwise instructed during their training by CAMP Staff.
- All solutions and disinfectants will be applied according to the manufacturer's recommendations.
- Alcohol solutions with at least 70% alcohol may also be used, including alcohol wipes.

CLEANING AND DISINFECTION AFTER PERSONS SUSPECTED/CONFIRMED TO HAVE COVID-19 HAVE BEEN IN THE FACILITY

If it has been more than 5 days since a Participant with suspected/confirmed COVID-19 visited or used the Facility, additional cleaning and disinfection are not necessary. If it has been less than 5 days since such a person visited or used Camp CAMP, then:

- Areas visited by anyone who was ill will be closed off until after cleaning and disinfecting them (including cleaning and disinfecting surfaces or shared objects in outdoor areas).
- If feasible, outside doors and windows should be opened, and/or use of ventilating fans to increase air circulation in the area should be employed, prior to and during cleaning.
- If feasible, CAMP Staff will wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, CAMP Staff will wait as long as possible, and then proceed with cleaning and disinfection as outlined above using all recommended Personal Protective Equipment (PPE).
- If a cabin or other area is not needed for use, CAMP Staff will wait at least 5 days, and then perform routine cleaning and disinfecting procedures.

More information regarding procedures for Activities, Kitchen and Food Service will be updated closer to the start of the Summer Camp program. CAMP staff will redistribute these policies and procedures when the updated material is available.